

THE SPIRIT OF HIGH SOCIETY

SINGAPORE TATLER

*THE
FIT ELITE*

High Society
Gets Active

Teo Ser Luck

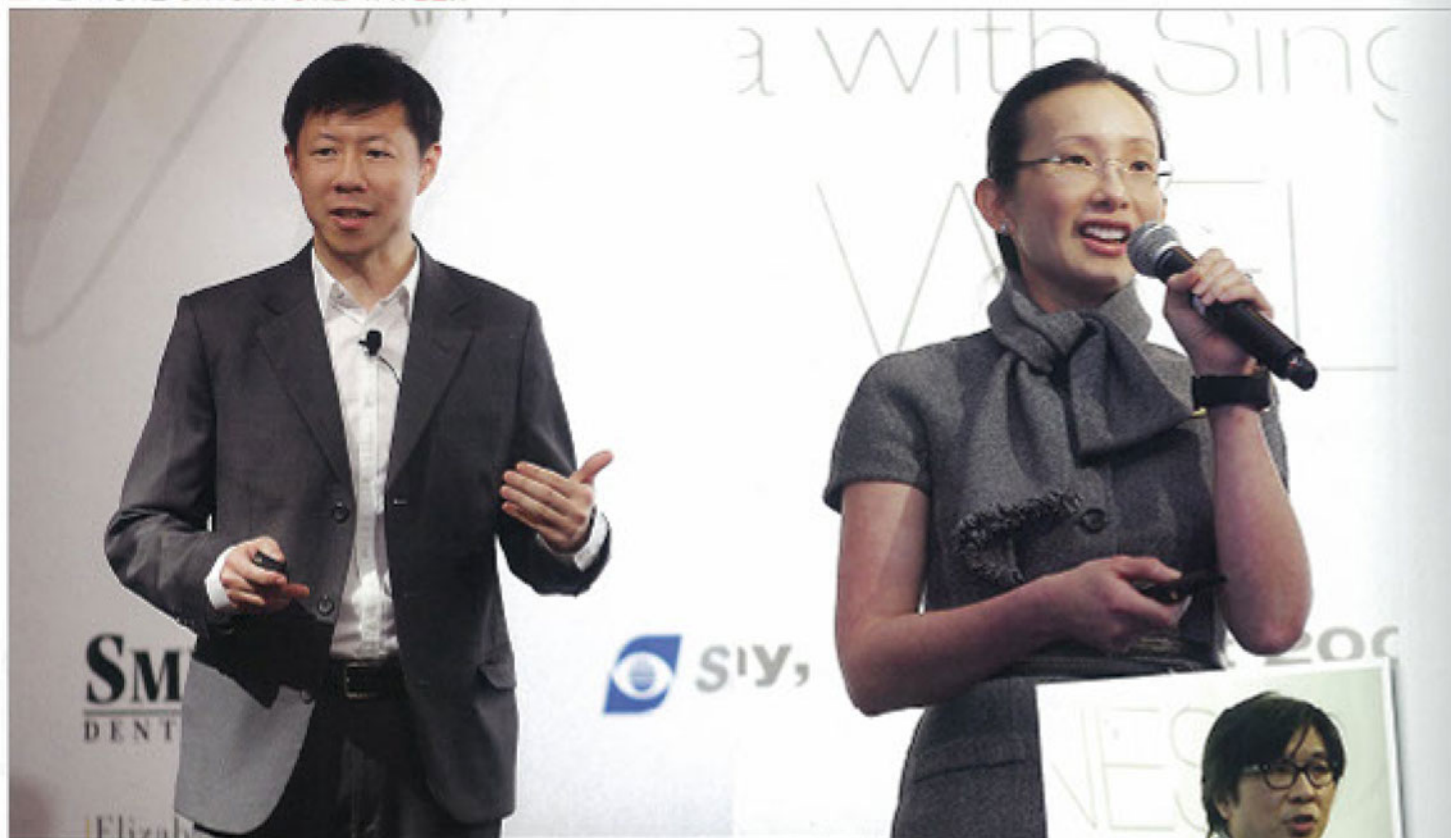
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Wealth of Health

Society's ladies and gentlemen took time off their busy schedules to spend an afternoon at the **SINGAPORE TATLER TOTAL WELLNESS** presentation



In a rare event that saw a panel of medical experts come together to share their insights on wellness, guests arrived for the session of high tea and a series of talks at the Four Seasons Hotel. Speakers covered topics ranging from vision correction and dental procedures to aesthetic treatments and anti-ageing medicine.

Gilbert Cheah, MD of Edipresse Singapore, gave his welcome address, setting the stage for the first speaker, Donald Tan, medical director at the Singapore National Eye Centre, to introduce the progressive KAMRA treatment. It piqued the interest of many guests, and Tan was more than happy to field their questions. "I enjoyed interacting with them and addressing their questions on how the KAMRA corneal inlay can be the solution for those who hate reading glasses."

Next, Ernest Rex Tan, founder and director of Smile Inc Dental Surgeons, spoke about prosthodontics transformations, with stunning before-and-after pictures that elicited collective gasps from the impressed audience. He

had equally positive sentiments about the event: "It was a privilege to be a part of it and to share with the audience the most recent advances in cosmetic and reconstructive dentistry, as well as the benefits of having a gorgeous smile."

The power of a great smile is undeniable, but when complemented by beautiful skin, the effects can be phenomenal. Wong Soon Tee, senior partner, dermatologist and physician at Raffles Aesthetics, took the audience through various skin and hair treatments that target a range of concerns. Rounding up the session, Caroline Low, senior physician at Raffles Aesthetics, laid out the bare facts about ageing and how to lead a healthier lifestyle.

The topic hit home with many guests present, including William Tan, managing partner of Heart Bistro: "I thought her talk was particularly interesting, as it focused on internal wellness and well-being." Also impressed was Tan Khar Nai, who appreciated Low's candid talk: "She gave advice that is applicable to all our daily lives, and helps discerning patients in learning to take care of their health. The booths set up for the respective doctors were also very useful for interested participants." ■





Participating Partners

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